



General Physics (UK) Ltd
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Managing My Career - A Personal Development Plan

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Managing My Career - A Personal Development Plan

Duration

1 day

Overview

Do you question what you are doing and where you'd like to be, dreaming of your ideal career? Are you facing the prospect of changing jobs from choice or not? If so, this workshop will be the solution to your dilemmas'. Full of personal insights and discoveries, delegates will leave with a clear vision of what they want and how to achieve it.

This one day event enables delegates to assess their personal objectives, identify their needs versus wants, highlight their marketable talents and avoid treadmill traps. This workshop is designed for those who are approaching or have reached the crossroads in their career paths. Those who are in need of clarity in order to decide the next course of action will find answers to the "Do I stay or do I go?", "can I change direction at my age?" "Could I make a success of it?" questions. This programme also assists those facing redundancy and being supported by their employer into their next role.

Objectives

At the end of this insightful day, delegates will be able to:

- Demonstrate a clearer understanding of their personal style
- Identify their core requirements
- List their personal strengths and development needs
- Recognize the difference between wants and needs
- Target opportunities effectively
- Plan for their desired career



Agenda

- Introduction, Logistics and Domestics
- Programme Aims and Objectives
- Personal Introductions
- The UK Jobs Market
- What is my Fantasy, Ideal and Fall Back Job – A Personal Values Audit
- What do I have to offer?
- How should I “package” me
- Matching “Me” to the Market
- Reading between the lines
- Following through
- Preparing for interviews
- Chasing feedback
- Action Plan, Summary and Close

Further Information

Knowledge Level

Career-minded individuals seeking their next opportunity and struggling to identify their direction.